

CURRICULUM VITAE

Leila Kozak, PhD

March 2023

1. Biographical Information

Home Address: 10509 165th PL NE
Redmond, WA 98052

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Email: leila.kozak@gmail.com
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Website: www.integrativepalliativecare.org

Citizenship: US, Canada, Argentina

2. Education

CAECE University, Buenos Aires, Argentina	B.S. Biological Sciences	1982 – 1984
CAECE University, Buenos Aires, Argentina	M.Sc. Molecular Biology & Physiology/Major: Psychophysiology	1984 – 1988
Bastyr University, Kenmore, WA	Post-Graduate Certificate in Spirituality, Health & Medicine	1999 – 2000
Saybrook University, San Francisco, CA	Ph.D. Psychology (Humanistic Psychology) Consciousness Research Complementary & Integrative Medicine Research	2002 - 2007

Trainings and Certifications:

- VA Transformational Coaching Training
- LEAN Green Belt Training
- Certified PAIRS Relationship Skills / Warrior To Soulmate Workshop Facilitator
- Non-Violent Communication (NVC)
- Hold Me Tight - Lay Relationship Education Program Facilitator
- Psychobiological Approach to Couple's Therapy – Wired for Love retreat with Drs. Stan & Tracy Tatkin

3. **Professional Positions**

Director, Integrative Palliative Care Institute	2020 - present
Co-Principal Investigator, Palliative Care Provider Online Education in Evidence-Based Complementary Therapies, NCI R44 CA210723	2012- present
Site PI, A Mobile and Web-Based Self-Directed Complementary and Integrative Health Program for Veterans and Their Partners (Mission Reconnect), VA Puget Sound HCS	2018-2020
Affiliate Professor, Family Medicine Department, School of Medicine, University of Washington, Seattle, WA.	2016 - present
Co-Director, Whole Health Pathway Project, VA Puget Sound HCS, Seattle, WA	2015 - 2018
Director, Integrative Medicine Section, Paliativos Sin Fronteras (International Palliative Care NGO, San Sebastian, Spain)	2012 - 2020
Clinical Champion, Office of Patient-Centered Care & Culture Transformation, HSR&D, VA Puget Sound Health Care System, Seattle, WA.	2012 - 2020
Research Health Science Specialist, HSR&D, VA Puget Sound Health Care System, Seattle, WA.	2012 - 2015
Co-Principal Investigator, Palliative Care Provider Online Education in Evidence-Based Complementary Therapies, Collinge & Associates/NCI R43	2010 - 2014
Co-Director, Center for Relationship Education and Renewal, Redmond WA	2010 – present
Part-Time Faculty, College of Integrative Medicine and Health Sciences, Saybrook University, Oakland, California.	2011 - 2017
Acting Assistant Professor, Department of Health Services, School of Public Health, University of Washington Seattle, WA.	2012 - 2016
Research Associate & Senior Fellow, Department of Health Services, School of Public Health, University of Washington Seattle, WA.	2010 - 2012
Post-Doctoral Fellow, Health Services Research and Development, Center of Excellence in Older Adults, VA Puget Sound Health Care System, Seattle, WA. [<i>Fellowship on Evaluation of CAM/Integrative Medicine at the VA</i>]	2009 - 2010
Co-Investigator/Research Associate [PI: Back] Integrative Oncology Project [http://depts.washington.edu/integonc/] Division of Medical Oncology, UW School of Medicine, Seattle Cancer Care Alliance Co-Investigator/Senior Project Manager [PI: Lafferty] Randomized Trial of CAM Comfort Care at End of Life University of Washington School of Public Health/Bastyr University Research Institute.	2007 - 2008
Co-Investigator/Senior Project Manager [PI: Ojemann]. Effect of Qi Gong on brain activity as measured by fMRI brain scans in patients with malignant brain tumors: A pilot study. Seattle Children's Hospital, UW SOM and Bastyr University, WA.	2006 - 2009

Co-Investigator [PI: Schlitz] Effects of Compassionate/Loving Intention as a Therapeutic Intervention by Partners of Breast Cancer Patients RCT. Institute of Noetic Sciences (IONS) & Saybrook University	2004 - 2006
Co-Founder & Manager, Bastyr University/Univ. of Washington Consciousness Science Lab, Bastyr University, Kenmore, WA.	2001 - 2006
Co-Investigator/Project Manager [PI: Achterberg] Evidence for Correlations Between Distant Intentionality & Brain Function in Recipients: An FMRI Analysis. North Hawaii Community Hospital, Waimea, HI, and Saybrook University, CA.	2004 - 2005
Co-Investigator/Project Manager [PI: Standish] Synchro-Destiny and Neural Signal Transfer Study Bastyr University, Kenmore, WA.	2002-2004
Project Manager [PI: Standish] Transfer Of Neural Energy Between Human Subjects Bastyr University and University of Washington School of Medicine, Seattle, WA	2001 - 2004
Project Coordinator [PI: Standish] Transfer Of Neural Energy Between Human Subjects Bastyr University and University of Washington School of Medicine, Seattle, WA	2000 – 2001
Project Coordinator [PI: Kronenberg] Chinese Herbal Formula For Hot Flashes In Menopausal Women Study Rosenthal Center for Complementary & Alternative Medicine, Rehabilitation Medicine Department, College of Physicians & Surgeons, Columbia University, NY.	1995 – 1997
Research Assistant [Warren Thorngate PhD] Dept. of Psychology, Carleton University, Ottawa, Canada.	1991 – 1992
Research Associate [Lab Director: Enrique Segura MD] Behavioral Physiology Lab, IBYME (Experimental Biology & Medicine Institute). CONICET (National Commission of Scientific and Technical Research) Buenos Aires, Argentina.	1985 – 1989

4. **Fellowships, Scholarships and Awards**

- VA-QUERI Implementation Science Training Institute, *Selected Invited Participant*, 2011.
- HSR&D Center of Excellence, VA Puget Sound HCS, *Post-Doctoral Fellowship in Health Services Research*, 2009-2012.
- American Academy of Hospice & Palliative Medicine, *Research Scholar Award*, 2010.
- North America CAM Research Consortium: *Young Investigator Award*, 2006.
- Canadian CAM Research Network International Research Conference, *Young Investigator Travel Award*, 2005.

5. **Bibliography**

<http://www.ncbi.nlm.nih.gov/myncbi/collections/bibliography/41437595/?dnum=1&reload=deleteSuccess>

a) Peer-Reviewed Research Articles

1. Haun JN, Ballistrea LM, Melillo C, Standifer M, Kip K, Paykel J, Murphy JL, Fletcher CE, Mitchinson A, **Kozak L**, Taylor SL, Glynn SM, Bair M. A Mobile and Web-Based Self-Directed Complementary and Integrative Health Program for Veterans and Their Partners (Mission Reconnect): Protocol for a Mixed-Methods Randomized Controlled Trial. *JMIR Res Protoc*. 2019 May 13;8(5):e13666. doi: 10.2196/13666. PMID: 31094345; PMCID: PMC6535978.
2. Wool, C., **Kozak, L.E.**, & Lindley, L.C. Work environment facilitators of availability of complementary and alternative therapies in perinatal hospices. *J of Hospice and Palliative Nursing* 10/2015; 17(5):391-396. DOI:10.1097/NJH.000000000000167.
3. **Kozak L**, Vig E, Simons C, Eugenio E, Collinge W, Chapko M. A feasibility study of caregiver-provided massage as supportive care for Veterans with cancer. *J Support Oncol*. 2013 Sep;11(3):133-43. PubMed PMID: 24400393.
4. Van Hyfte GJ, **Kozak LE**, Lepore M. A Survey of the Use of Complementary and Alternative Medicine in Illinois Hospice and Palliative Care Organizations. *Am J Hosp Palliat Care*. 2013 Aug 12. [Epub ahead of print] PubMed PMID: 23943631.
5. Collinge W, Kahn J, Walton T, **Kozak L**, Bauer-Wu S, Fletcher K, Yarnold P, Soltysik R. Touch, Caring, and Cancer: randomized controlled trial of a multimedia caregiver education program. *Support Care Cancer*. 2012 Dec 21. [Epub ahead of print] PubMed PMID: 23262808.
6. **Kozak L.**, Collinge W. Family caregiver participation in palliative care: effects of instruction in simple touch and massage methods for comfort and quality of life. *Supportive Care in Cancer* (2010);18(Suppl 3):S67–S220.
7. **Kozak L.**, Gardiner L., Bentley J. and Bezy E. (2010). Introducing Spirituality, Religion & Culture Curricula into a Psychiatry Residency Program. *Med Humanities/BMJ* 2010;36:48-51.
8. Downey L, Diehr P; Standish LJ; Patrick D; **Kozak L**; Fisher D, Congdon S, Lafferty W. (2009). Might Massage or Guided Meditation Provide "Means to a Better End"? Primary outcomes from an efficacy trial with patients at the end of life. *Journal of Palliative Care*; 25, 2; 100-108.
9. **Kozak L**, Kayes L, McCarty R, Walkinshaw K, Congdon S, Kleinberger J, Hartman V, Standish LJ (2009). Use of complementary and alternative medicine (CAM) by Washington State hospices. *Am. J. of Hospice and Palliative Medicine* 2009 Dec-2009 Jan;25(6):463-8.
10. Downey L, Engelberg R, Standish LJ, **Kozak L**, Lafferty W. (2009). Three Lessons from a Randomized Trial of Massage and Meditation at End of Life: Patient Benefit, Outcome Measure Selection, and Design of Trials with Terminally Ill Patients. *Am J Hosp Palliat Care*. 2009 Aug-Sep;26(4):246-53.
11. Wu C, Weber W, **Kozak L**, Standish LJ, Ojemann JG, Ellenbogen RG, Avellino AM. A survey of complementary and alternative medicine (CAM) awareness among neurosurgeons in Washington State. *J Altern Complement Med*. 2009 May;15(5):551-5. doi: 10.1089/acm.2008.0427. PubMed PMID: 19450166.
12. Standish LJ, **Kozak L**, Congdon S (2008). Acupuncture is Underutilized in Hospice and Palliative Medicine. *Am. Journal of Hospice and Palliative Medicine*, Volume 25, Number 4, August/September 2008.

13. Levine E, Stone J, Radin D, Eskandarnejad S, Schlitz M, **Kozak L**, Mandel D (2008). Compassionate intention as a therapeutic intervention by partners of cancer patients: effects of distant intention on the patients' autonomic nervous system. *Explore (NY)*. 2008 Jul-Aug;4(4):235-4.
14. Richards T, **Kozak L**, Johnson LC, Standish LJ. (2005). Replicable Functional Magnetic Resonance Imaging Evidence of Correlated Brain Signals Between Physically and Sensory Isolated Subjects. *J. of Alternative and Complementary Medicine* Volume 11, Number 6, pp. 955–963.
15. Achterberg J, Cooke K, Richards T, Standish LJ, **Kozak L** and Lake J. (2005). Evidence for Correlations between Distant Intentionality and Brain Function in Recipients: A Functional Magnetic Resonance Imaging Analysis. *J. of Alternative And Complementary Medicine* Volume 11, Number 6, pp. 965–971.
16. Standish LJ, Johnson LC, Richards TL, **Kozak L**. (2004). EEG Evidence of Correlated Event Related Signals Between Distant Human Brains. Electroencephalographic Evidence of Correlated Event-Related Signals Between the Brains of Spatially and Sensory Isolated Human Subjects. *J. of Alternative and Complementary Medicine*, Vol. 10, No. 2: Pages 307-314.

Publications under underway

1. **Kozak L**, Vlasuk P and Collinge W. Animal-assisted therapies: applications in palliative care. To be submitted to the Am. J. of Hosp & Palliative Medicine.
2. **Kozak L**, Collinge W and Hinshaw D. Non-pharmacological interventions for pain in palliative care. To be submitted to the Am. J. of Hosp & Palliative Medicine.
3. **Kozak L**, Astudillo W, Nieto-Alvarez and Hinshaw D. Utilizacion de terapias complementarias no-farmacologicas en el manejo del dolor. To be submitted to the Rev Soc Esp Dolor [J. of Spanish Pain Society]
4. **Kozak L**, Nieto-Alvarez I and Astudillo W. Intervenciones no-farmacologicas para el manejo del dolor en los cuidados paliativos pediatricos. [Non-pharmacological approaches to pain management in pediatric palliative care.] To be submitted to Medicina Palliativa.

b) Multimedia Products

Integrative Therapies in Palliative Care: Certificate Program, developed content for 9 online CME/CE courses for interdisciplinary palliative care providers

<https://www.integrativepalliativecare.org/integrative-therapies-in-palliative-care-certificate-program/>

Project Director/Content Expert, OPCC&CT/VACO, VAPSHCS and VHA Employee Education System, EES.

- Healing Touch: “Implementing Integrative Approaches within VA Facilities,” video course including CE/CME credits for physicians and nurses (DVD, 57 min), 2014.
- Healing Touch: “Implementing Integrative Approaches within VA Facilities,” short video (DVD, 9 min), 2014.
- Touch Therapies & Massage Therapy: “Implementing Integrative Approaches within VA Facilities,” video course including CE/CME credits for physicians and nurses (DVD, 45 min), 2015.
- Touch Therapies & Massage Therapy: “Implementing Integrative Approaches within VA Facilities,” short video (DVD, 19 min), 2015.

- Basic Massage Training for VA Staff: video course (DVD, 30 min), 2015.

Co-Director/Principal Investigator/Web Content Expert, Collinge and Associates, NCI/NIH R43 SBIR.

“Palliative Care Provider Online Education in Evidence-Based Complementary Therapies,” web course, 2013.

Web content provider, Complementary Therapies in Palliative Care, *Paliativos Sin Fronteras* (Palliative Care without Borders) <http://paliativossinfronteras.com/es/menu,aspectos-psicosociales/menu,medicinas-complementarias/>

Co-Investigator/Content Expert (Tony Back MD & Leanna Standish ND PhD), University of Washington Oncology Division and Medical Media Department.
Seattle Cancer Care Alliance Integrative Oncology Website for Clinicians and Patients
<http://depts.washington.edu/integonc/>

Consultant/Cross-cultural Content & Translation, Collinge and Associates, NCI/NIH R43 SBIR.
Touch, Caring & Cancer Spanish version, 2010. <http://www.partnersinhealing.net/tcc.html>

c) Other Scholarly publications

Ananth S. & Kozak L. (2012). Complementary and Alternative Medicine within the VA system. *Hospitals & Health Networks* (American Hospital Association).
<http://www.hhnmag.com/hhnmag/HHNDaily/HHNDailyDisplay.dhtml?id=6120007952>

d) Books and Book Chapters

Kozak L, Nieto-Alvarez I et al. Terapias integrativas basadas en la evidencia en cuidados paliativos. [Evidence-based integrative therapies in palliative care.] In W. Astudillo (Ed.) *Medicina Paliativa en Adultos*, 2015. Paliativos Sin Fronteras, Spain.

Kozak L, Nieto-Alvarez I et al. Las terapias complementarias en los cuidados paliativos de niños y adolescentes. [Complementary therapies in children and adolescent palliative care.] In W. Astudillo (Ed.) *Medicina Paliativa en Niños y Adolescentes*, 2017. Paliativos Sin Fronteras, Spain.
[http://www.paliativossinfronteras.com/upload/publica/TRIPTICO-LIBRO-PALIATIVOS-EN-NIÑOS%20\(1\)_1.pdf](http://www.paliativossinfronteras.com/upload/publica/TRIPTICO-LIBRO-PALIATIVOS-EN-NIÑOS%20(1)_1.pdf)

Astudillo W, **Kozak L** et al. La necesidad de solidaridad oncológica y paliativa con los niños y adolescentes de países pobres y de recursos limitados. [The need for solidarity with disadvantaged countries regarding pediatric and adolescent palliative care. In W. Astudillo (Ed.) *Medicina Paliativa en Niños y Adolescentes*, 2016. Paliativos Sin Fronteras, Spain.
[http://www.paliativossinfronteras.com/upload/publica/TRIPTICO-LIBRO-PALIATIVOS-EN-NIÑOS%20\(1\)_1.pdf](http://www.paliativossinfronteras.com/upload/publica/TRIPTICO-LIBRO-PALIATIVOS-EN-NIÑOS%20(1)_1.pdf)

Kozak L, Boynton LD, Sinha A, & Bentley J. A Cross-Cultural Approach to the Diagnosis and Management of Schizophrenia. In M.P.C. Bosch & M.W.M.L. Van den Noort (Eds.), *Schizophrenia, Sleep, and Acupuncture*, 2009. Göttingen, Germany: Hogrefe & Huber Publishers.

e) Proceedings and original papers

1. Radin D, Stone J, Levine E, Eskandarnejad S, Schlitz M, **Kozak L**, Mandel D, Hayssen G. (2006). Effects Of Motivated Distant Intention On Electrodermal Activity. *Proceedings of the 49th Annual Parapsychological Association, Sweden, August 2006.*
2. **Kozak L**, Standish LJ, Johnson LC, Richards T, Stewart BK. (2005) Evidence of Brain Correlations between Isolated Human Subjects: Electroencephalographic (EEG) Study In A Population Of Experienced Meditators. *Proceedings of the 48th Annual Parapsychological Association Convention, 11-15 August 2005, Institute of Noetic Sciences, Petaluma, CA.*
3. **Kozak L**, Gardiner L, Bezy E. (2004). Espiritualidad, religión y cultura: La introducción de estas áreas temáticas en programas de residencia médica psiquiátrica (Introducing Spirituality, Religion And Culture Curricula Into A Psychiatry Residency Program). *Proceedings of Presented Papers of the V Congreso Virtual de Psiquiatría Interpsiquis 2004* [online publication available at <http://www.interpsiquis.com/2004>]
4. Standish LJ, Johnson LC, **Kozak L.**, Richards TL. (2002). Neural energy transfer between human subjects at a distance. *Samueli Institute for Information Biology Conference Proceedings (ORIGINAL PAPERS): Bridging Worlds and Filling Gaps in the Science of Healing*; Jonas W and Chez R (eds.)

6. Funding History

a) Funded Projects

Co-Principal Investigator

NCI/NIH - NCI R44 CA210723 (Co-PIs: Collinge & Kozak) \$1,151,109 2018-present
"Integrative Approaches in Palliative Care: Provider-Driven Online Continuing Education"

Site PI (Lead PI: Haun) \$239,196

VHA-Rehabilitation Research and Development Service RR&D 1 I01 RX002775-01A1 2018-2020
"Delivering a Mobile and Web Based Self Directed Complementary And Integrative Health Program to Veterans and Their Partners to Manage Pain and PTSD"
 VA Puget Sound Health Care System, Seattle, WA.

Project Co-Director (Kozak. Hunt, Kopacz) \$250,000

Funding source: VHA VISN 20 2017-2018
"Whole Health Pathway Implementation Project at Puget Sound VAHCS"

Principal Investigator

Dupen Foundation (PI: Kozak) \$17,000 2013- 2015
"Feasibility Study of a Menu of Complementary Therapies for Co-Management of Pain and Anxiety at University of Washington Medical Center-Palliative Care Services"

Principal Investigator/Project Director (PI: Kozak) \$525,988

Funding source: Office of Patient-Centered Care & Culture Transformation, VACO 2013- 2014
"Sharing best practices: Implementation and Evaluation of Healing Touch and Touch Therapies across 20 facilities."
 HSR&D, VA Puget Sound Health Care System, Seattle, WA.

Consultant (Co-PIs: Taylor & Robertson) \$50,000 Funding source: Office of Patient-Centered Care & Culture Transformation, VACO <i>"Integrative Health and Healing Tool-Kits"</i> Dept. of Veterans Affairs, Greater Los Angeles VAMC Center of Innovation, Integrative Health & Healing Program	2011 - 2013
Co-Principal Investigator NCI/NIH - R43 CA157005-01A1 (Co-PIs: Collinge & Kozak) \$155,000 <i>"Palliative Care Provider Online Education in Evidence-Based Complementary Therapies"</i>	2009 – 2012
Principal Investigator <i>"Touch, Caring & Cancer" Feasibility Study</i> [PI: Kozak, Fellowship Grant] HSR&D and Seattle VA Hospital, Cancer Clinic & Palliative Care Service, VA Puget Sound Health Care System, Seattle, WA.	2008 – 2009
Co-Investigator Fanny Rippel Foundation (PI: Back) \$200,000 <i>"Integrative Oncology Project"</i> Division of Medical Oncology, UW School of Medicine, SCCA, Seattle, WA.	2003 – 2008
Co-Investigator/Senior Project Manager NCI/NIH -5 R01 CA106204-02 (PIs: Lafferty/Standish) \$1,100,000 <i>"A Randomized Trial of CAM Comfort Care at End of Life"</i> University of Washington SPH & Bastyr University Research Institute.	2004 – 2006
Co-Investigator/Senior Project Manager The Lotte & John Hecht Memorial Foundation, BC, Canada (PI: Standish) \$188,000 <i>"A Randomized Trial of CAM Comfort Care at End of Life"</i> Bastyr University, Kenmore, WA.	2004 – 2005
Co-Investigator Institute for Unlimited Love & Fetzer Institute (PI: Schlitz) Effects of Compassionate/Loving Intention as a Therapeutic Intervention by Partners of Breast Cancer Patients: A Randomized Controlled Trial. Institute of Noetic Sciences (IONS) & Saybrook University, CA.	2000 – 2002
Co-Investigator/Project Manager Earl Bakken Foundation (PI: Achterberg) Evidence for Correlations Between Distant Intentionality & Brain Function in Recipients: An fMRI Analysis. North Hawaii Community Hospital, Waimea, HI, and Saybrook University, CA.	2002 – 2003
Project Manager Chopra Foundation & Institute of Noetic Sciences (PI: Standish) Synchro-Destiny & Neural Energy Transfer Between Human Subjects Bastyr University & University of Washington School Medicine, Seattle, WA.	2002 - 2003
Project Manager NCCAM/NIH –R21 AT00287 (PI: Standish) Neural Energy Transfer Between Human Subject Bastyr University & University of Washington School Medicine, Seattle, WA.	2000 – 2002

7. Conferences and Symposia: Organizer for conferences, workshops and seminars

a) Conference, Continuing Education Seminars and Symposia Organization

1. **Organizer**, “Tai Chi Training for VA Puget Sound Health Care Providers.” Developed curriculum and organized on-site training for multidisciplinary health care providers who will be teaching Tai Chi to Veterans at VA Puget Sound Healthcare System. September-November 2017. VA Puget Sound Health Care System, Seattle, WA.
2. **Organizer/Co-Facilitator**, “Staff Education Sessions – Whole Health: VA’s Own Patient-Centered, Personalized and Integrative Care Model,” October 9-30, 2014, VA Puget Sound Health Care System, Seattle, WA.
3. **Conference committee member**: 2014 Complementary Therapies in Palliative Care section, *Cambia Palliative Care Center of Excellence and Harborview Medical Center Palliative Care Committee*: organized CT section including PowerPoint presentations as well as experiential session for health care providers attending conference (offering 250+ mini-sessions of massage, reflexology, acupuncture, reiki, therapeutic touch, music and aromatherapy).
4. **Organizer/Facilitator**, “Complementary & Integrative Medicine Research Special Interest Group,” 2012 National HSRD/QUERI Meeting, July 16-19, National Harbor, MD.
5. **CME Training Seminar Co-Facilitator**, “Integrative Medicine: New Approaches to Care.” Developed content and presented 4-hour CME training sponsored by Alaska VAMC and Alaska Federal Health Care Partnership, October 2011, Anchorage, AK.
6. **CME Training Seminar Co-Facilitator**, “Integrative Medicine: New Approaches to Care.” Developed content and presented 4-hour CME training sponsored by Alaska VAMC and Alaska Federal Health Care Partnership, October 2011, Fairbanks, AK.
7. **Program Advisor/Keynote Speaker**, “VISN 20 Patient Centered Care and Integrative Medicine Rollout.” Developed program and presented keynote, VISN 20 Patient Centered Care Program, August 29-September 1st, 2011, Skamania Lodge, Oregon.
8. **Arrangement Chair**, 52nd Annual Parapsychology Association Convention, August 6-9, 2009, University of Washington, Seattle, WA.
9. **CE Workshop leader**, “Healing at the end of life: Integrative care practices in palliative and hospice care.” Developed content and presented CE workshop for health care professionals, SpiritHeals Integrative Medicine Conference, Victoria, Canada, May 29, 2009.
10. **Co-Chair**, “Imagery and Healing: Tools for Health Care.” Designed content and organized program for a 2-day training in imagery for health care professionals with Dr. Jeanne Achterberg. Seattle Children’s Hospital and Continuing Education Department, Bastyr University, November 2006.
11. **Program Advisor/Conference Organizer**, “Exploring the Science of Consciousness and Intuition,” March 2006. Designed program’s content and supported conference organization. Continuing Education Department, Bastyr University, Kenmore, WA and IONS, Petaluma, CA.

12. **Organizer/Presenter**, “Relaxation and Meditation Techniques Workshop,” 1992-1993. Organized and facilitated workshops for patients and their caregivers. Palliative Care Unit, St. Vincent Hospital, Brockville, Canada.

b) Invited Oral Presentations, Guest Lectures, Webinars, Invited Addresses and Speeches

1. “Integrating complementary therapies into bedside care,” workshop, 2018 PNW Palliative Care Conference sponsored by the Cambia Palliative Care Center of Excellence and Harborview Medical Center Palliative Care Committee, April 2018, <https://depts.washington.edu/pallcntr/2018-conference.html>
2. “Integrative Therapies in Palliative Care.” Webinar/didactic session, UW School of Medicine, Graduate Certificate in Palliative Care, February 2018, <http://uwpctc.org/>
3. “Integrative Therapies in Palliative Care.” Didactic Session, UW School of Medicine, Palliative Medicine and Gerontology Fellowship Program, Harborview Medical Center, March 2017.
4. “Aromatherapy: Evidence and Implementation in Hospital Environments and VA facilities,” online webinar, Integrative Health Coordinating Center, OPCC&CT, February 2017.
5. “Evidence-Based Complementary and Integrative Modalities in Palliative Care.” Didactic Session, UW School of Medicine, Palliative Medicine and Gerontology Fellowship Program, Harborview Medical Center, February 2016.
6. “Tai Chi for patients and providers.” Guest lecture, Palliative Medicine and Gerontology Fellowship Program, January 2016.
7. “Whole Health: VA’s Patient-Centered, Integrative Health Care Model.” Invited presentation, NURS552 Health Promotion and Wellness, University of Washington SON, DNP Program, November 2015.
8. “Integrating evidence-based complementary therapies within oncology and palliative care.” Invited presentation, Hospital Regional de Ushuaia, Tierra del Fuego, January 2015.
9. “Complementary & Integrative Therapies in Palliative Care: State Of The Evidence.” Conference webinar, NHPCO Virtual Conference 2015: Clinical Advances in the Art and Science of Care, July 2015.
10. “Evidence for the integration of complementary therapies within hospital-based palliative care.” Invited presentation, Providence Palliative Care Services, January 2015.
11. “Integrative Health Practices at the VA.” Invited presentation, NURS552 Health Promotion and Wellness, University of Washington SON, DNP Program, November 2014.
12. “Warrior to Soul-Mate Program: Relationship Skills Program for Veterans,” Invited presentation, VA Puget Sound HCS, October 2014.
13. “Introduction to OPCC & CT’s work and Whole Health Curriculum.” Invited presentation, Staff Development Board, VA Puget Sound HCS, July 2014.
14. “The Role Of Nursing In Advancing Patient-Centered Care.” Invited presentation, Nursing Board, VA Puget Sound HCS, June 2014.

15. "Advancing Patient-Centered Care at VA Facilities." Invited presentation, Customer Service Board, VA Puget Sound HCS, April 2014.
16. "Integrating complementary therapies within hospital-based palliative care." Invited presentation, Palliative Medicine and Gerontology Fellowship Program, April 2014.
17. "Complementary therapies within hospital-based palliative care in the US and abroad." Invited presentation, Palliative Medicine and Gerontology Fellowship Program, June 2013.
18. "The Integration of complementary therapies into hospital-based palliative care services within the US." Invited presentation, Washington State Hospice and Palliative Care Organization, May 2013.
19. "Health & Celebrities." Guest Lecture, HSERV 592K- MPH, Departmental Seminar, 2012, University of Washington, Department of Health Services, SPH.
20. "Integrative Medicine: New Approaches to Care." Invited 4-hour workshop & CME training sponsored by Alaska VAMC and Alaska Federal Health Care Partnership, October 2011, Anchorage, AK.
21. "Integrative Medicine: New Approaches to Care." Invited 4-hour workshop & CME training sponsored by Alaska VAMC and Alaska Federal Health Care Partnership, October 2011, Fairbanks, AK.
22. "Past, present and future of Complementary & Integrative Medicine at the VA: Challenges and Opportunities." Invited address, VISN 20 Patient Centered-Care & Integrated Medicine Rollout Conference, Skamania Lodge, OR, August-September 2011.
23. "Patient-Centered Care & Culture Transformation" and "The Role of Mind-Body Medicine in the Transformation of the Culture of Care." Residential Conference Workshops, College of Mind-Body Medicine, Saybrook University, June 2011.
24. "Uso de terapias complementarias basadas en la evidencia como co-adyuvantes en el manejo del dolor en cuidados paliativos para pacientes con cáncer." [*Evidence-based CAM for the co-management of pain in oncology palliative care.*] Invited address, Post-graduate Professional Training in Pain Medicine, sponsored by Paliativos Sin Fronteras, Spain & University of Cadiz, Spain, February 2012.
25. "Healing at the end of life: complementary and integrative care practices in palliative and hospice care," Guest Professor Lecture, UW School of Social Work, May 2011.
26. "Evidence-Based CAM in Palliative Care." Invited presentation, UW School of Medicine, Department of Geriatrics, Palliative Medicine Program, Harborview Medical Center, August 2010.
27. "Tai chi & Qi-Gong: practice and research." Invited presentation, VHA Leadership Conference, Las Vegas, Nevada, August 2010.
28. "Research in evidence-based CAM in palliative and EOL care." Guest lecture, CAM Research Methods (Helen Buckland PhD RN), online course, University of Washington School of Nursing, July 2010.
29. "The Use of CAM in Palliative Care." Invited presentation, UW SOM, Department of Geriatrics, Palliative Medicine Program, Harborview Medical Center, November 2009.

30. "Touch, Caring & Cancer: replication of an RCT of caregiver-provided massage as supportive cancer care in a VA oncology and palliative care population." Work in Progress seminar presentation, Health Services Research & Development, Center of Excellence in Outcome Research in Older Adults, VA Puget Sound, Seattle, WA, October 19, 2009.
31. "The unfolding of a new medicine: emerging evidence in spirituality, consciousness & healing research." Invited address, SpiritHeals Integrative Medicine Conference, Victoria, Canada, May 2009.
32. "CAM in palliative care: results from an RCT of massage and meditation in end of life and a survey of CAM in WA state hospices." Invited lecture, Sociedad Argentina de Gerontología (Argentinean Gerontology Association), CABA, Argentina, August 2008.
33. "Spirituality in Integrative Care at the End of Life." Invited address, Symposium on Spirituality, Culture & Religion in Palliative Care, Fundación Navarro Viola and University of Buenos Aires Teaching Hospital (Hospital de Clínicas), Palliative Care Service, CABA, Argentina, August 2008.
34. "CAM/Integrative Medicine in Palliative and End of Life Care." Invited lecture, Faculty Integrative Health Program (FIHP), University of Washington/Bastyr University, May 2008.
35. "Access to palliative/end of life care and the integration of CAM therapies into hospice in USA." Invited presentation, Woodlands Hospice, Liverpool, UK, November 2007.
36. "Distant healing intention: Standing between science and the Mystery." Invited presentation, Center for Health Studies, Optimal Healing Environment Interest Group, December 2007.
37. "Cross-cultural issues in health and healing: Spirituality and culture." Guest lecture, Nursing CAM Certificate Program, University of Washington/SON, June 2007.
38. "Evidence-based research: CAM at the end of life." Invited lecture, Faculty Integrative Health Program (FIHP), University of Washington/Bastyr University, May 2007.
39. "CAM Comfort Care in End of Life Research: research methodology and challenges." Guest lecture, Research Methods Course (Goswala Sivam PhD), Bastyr University School of Naturopathic Medicine, March 2007.
40. "The concept of 'distant healing intention:' a summary of healing intention research around the world." Guest lecture, Saybrook Graduate School & Research Center, June 2006.
41. "Consciousness Science & Healing" Keynote Address, Exploring the Science of Consciousness and Intuition Conference, IONS and Bastyr University, March 2006.
42. "Research carried out at the BU/UW Consciousness Science Lab." Guest lecture, Research Methods Course (Goswala Sivam PhD), Bastyr University School of Naturopathic Medicine, February 2006.
43. "Physiological signal correlation studies: GSR, HRV, EEG and fMRI research." Invited presentation, Saybrook Graduate School & Research Center, June 2005.
44. "Research on distant healing intention: assumptions, theories, and controversies." Lecture series, Spirituality, Health & Medicine Program, Bastyr University, 2002.
45. "Consciousness research and healing: distant intentionality and prayer research." Lecture series, Spirituality, Health & Medicine Program, Bastyr University, 2001.

c) Abstracts (oral presentations and posters)

1. **Kozak L**, Mitchinson A, Gresser S. High Tech Meets High Touch: The Power of Touch Therapies in Hospital Environments. Oral presentation, Planetree International Conference, Boston MA, October 11-1 2015.
2. **Kozak L**, Vlasuk PJ, Holtorf S and Tayade A. Complementary and Integrative Modalities in Palliative, Hospice and Geriatric Care at VA Facilities. Poster presentation, Planetree International Conference, Boston MA, October 11-1 2015.
3. **Kozak L**, Vlasuk PJ, Simard J, Volicer L and Tayade A. The Power of Loving Touch: Enhancing Healing Relationships in the Dementia Unit through Namaste Care. Poster presentation, Planetree International Conference, Boston MA, October 11-1 2015.
4. **Kozak L**, Vig E, Simmons C, Eugenio E, Collinge W and Chapko MK. A feasibility study of caregiver-provided massage for comfort care in Veterans with cancer. Poster presentation, International Research Congress on Integrative Medicine and Health, May 15-18 2012, Portland, OR.
5. **Kozak L** and Collinge W. Caregiver Provided Massage for Comfort Care. Poster presentation, The Science of Compassion: Future Directions in End of Life and Palliative Care Summit, National Institute of Nursing Research, August 10 – 12, 2011, Bethesda, MD.
6. Collinge W and **Kozak L**. Family caregiver participation in palliative care: effects of instruction in simple touch and massage methods for comfort and quality of life. Oral presentation, 12th Congress of the European Association for Palliative Care (EAPC), 18–21 May 2011, Lisbon, Portugal.
7. **Kozak L** and Collinge W. Family caregiver participation in palliative care: effects of instruction in simple touch and massage methods for comfort and quality of life. Poster presentation, International Symposium of the Multinational Association of Supportive Care in Cancer; June 24 - 26, 2010, Vancouver, BC.
8. **Kozak L**, Mertnoff R, Garcia Mata M, Mountford P & Collinge W. Nuevos Aportes En Cuidados Paliativos Oncológicos: La Evolución De La Oncología Integrativa En Norteamérica Y Latinoamérica [*New Perspectives In Oncological Palliative Care: The Evolution Of Integrative Oncology In USA And Latin American Countries*]. Oral presentation at the V Congreso Latinoamericano de Cuidados Paliativos & VIII Congreso Argentino de Medicina y Cuidados Paliativos, March 15-18, 2010, Buenos Aires, Argentina.
9. **Kozak L** & Mertnoff R. Integración De Terapias Complementarias Basadas En La Evidencia En Cuidados Paliativos: Nuevas Perspectivas En Investigación Y Práctica Clínica En Latinoamérica Y El Mundo [*Integrating evidence-based CAM in palliative care: new perspectives in research and clinical practice in Latin America and beyond*]. Oral presentaiton at the V Congreso Latinoamericano de Cuidados Paliativos & VIII Congreso Argentino de Medicina y Cuidados Paliativos, March 15-18, 2010, Buenos Aires, Argentina.
10. **Kozak L**, Collinge W, Garcia Mata M, Mertnoff R, Mountford P and Nasi ML. Integrative Oncology in Latin America. Poster presented at the 6th International Conference of the Society of Integrative Oncology (SIO), New York Academy of Medicine, Nov 12-13 2009, New York City, New York.
11. Nasi ML, Mountford P, **Kozak L**, Garcia Mata M, De la Vega M, Mertnoff R, Kowalyszyn R, Diaz Conton E, Recondo G, Balogh G and Lucas L. Adapting integrative oncology to developing countries. Poster presented at the 6th International Conference of the Society of

Integrative Oncology (SIO), New York Academy of Medicine, Nov 12-13 2009, New York City, New York.

12. Mountford P, Nasi ML, **Kozak L**, Garcia Mata M, De la Vega M, Mertnoff R, Kowalyszyn R, Diaz Conton E, Recondo G, Balogh G and Lucas L. Integrative Oncology (IO) in Argentina today. ASOI* (Iberoamerican Association of Integrative Oncology): a bridge between present and future in IO for Latin American countries. Poster presented at the 6th International Conference of the Society of Integrative Oncology (SIO), New York Academy of Medicine, Nov 12-13 2009, New York City, New York.
13. **Kozak L**, Congdon S, Diehr P, Downey L, Fisher D, Lafferty W, Patrick D, Standish L. RCT of massage and meditation in patients at the end of life: methodological and ethical considerations in CAM research with terminally ill patients. Poster presented at the *North American Research Conference on Complementary & Integrative Medicine*, Consortium of Academic Health Centers for Integrative Medicine (CAHCIM), Minneapolis, Minnesota on May 12 - 15, 2009.
14. **Kozak L**, Vlasuk PJ & Sterling C. Healing at the end of life: compassionate intention as integrative care practice in palliative and hospice medicine. *Invited workshop at the SpiritHeals Integrative Medicine Conference*, Victoria, Canada, May 29-31 2009.
15. **Kozak L**. and Mertnoff R. "The Integration of Spirituality into US Medical School Curriculum," 12th *International Congress of Internal Medicine*, Sponsored by the *University of Buenos Aires Teaching Hospital (Hospital de Clinicas)*, Buenos Aires, Argentina, August 22, 2008.
16. **Kozak L**, Mandel D, and Radin D. Effects Of Motivated Distant Intention On Heart Rate Activity. *Presented at the 38th Annual Conference of the Association for Applied Psychophysiology and Biofeedback*, Monterrey, CA, February 14-18, 2007.
17. **Kozak L**. Imagery and Hypnosis: History and Research. *Presented at the Hypnotherapy Resource Forum*, Oral presentation at the *Annual World Hypnotism Day Conference*, Evergreen Hospital Medical Center, Kirkland, WA, January 6, 2007.
18. Avellino A, Wu C, Weber W, **Kozak L**, Standish LJ, Ojemann J, Ellenbogen R. Complementary and Alternative Medicine Practices Among Neurosurgeons in Washington State. *Proceedings of the 2006 Congress of Neurological Surgeons*, October 7 - 12, 2006, Chicago, Illinois.
19. Radin D, Stone J, Levine E, Eskandarnejad S, Schlitz M, **Kozak L**, Mandel D, Hayssen G. Effects Of Motivated Distant Intention On Electrodermal Activity. *Presented at the 49th Annual Parapsychological Association Convention in Stockholm, Sweden, August 2006*.
20. **Kozak L**., Kayes L, Walkinshaw K, McCarty R, Congdon S, Buri M, Standish LJ. Use of Complementary and Alternative Therapies in Hospice Care: Results from a 2005 Survey in Washington State. Oral presentation at the *2006 North American Research Conference on Complementary and Integrative Medicine*, Shaw Conference Center May 24-27, 2006 Edmonton, Alberta, Canada.
21. **Kozak, L**. And Standish, L.J. Exploring the Use Of CAM Comfort Care With The Dying: Research Implications And Challenges Of Studying CAM At End Of Life. Abstract presented at the *2nd Annual IN-CAM Symposium CAM Research in Canada: Sharing Successes and Challenges*. November 12-13, 2005, Toronto, Ontario, Canada.

22. **Kozak L.** An ongoing revolution: the emerging of consciousness-based medicine in the 21st century. Abstract presented at the *Annual Conference of the Association of Complementary Physicians of British Columbia (ACPBC): When the Body Forgets to Heal: An Integrative Approach to Reactivating the Healing Response*. Victoria, BC, Canada May 27-29 2005.
23. **Kozak L**, Gardiner, L, Bezy E. Espiritualidad, religión y cultura: la introducción de estas áreas temáticas en programa de residencia medica psiquiátrica (Spirituality, religion & culture: Introducing a curriculum into a psychiatry residency program). *Quinto Congreso Virtual de Psiquiatría, Interpsiquis 2004, Spain*.
24. **Kozak L**, Johnson LC, Richards TL, King H, Standish LJ, Schlitz M, Simon D, Chopra D. EEG evidence of neural signal transfer between distant subjects who have undergone Primordial Sound Meditation (PSM) training. *Consciousness Research Abstracts, Quantum Mind Conference 2003, Tucson, Arizona*.
25. Richards TL, **Kozak L**, Johnson LC, King H, Standish LJ. Preliminary evidence of correlated functional MRI signals between physically and sensory isolated human subjects: two case studies. *Consciousness Research Abstracts, Quantum Mind Conference 2003, Tucson, Arizona*.
26. Standish LJ, Johnson LC, Richards TL, **Kozak L**. EEG Evidence of Correlated Event Related Signals between Distant Human Brains. *Consciousness Research Abstracts, Quantum Mind Conference 2003, Tucson, Arizona*.
27. Johnson LC, Richards TL, **Kozak L**, King H, Standish LJ. Methodological challenges associated with the measurement of neural energy transfer. *Consciousness Research Abstracts, Towards a Science of Consciousness Conference 2002, Tucson, Arizona*.
28. Richards TL, Johnson LC, **Kozak L**, King H, Standish LJ. EEG alpha wave evidence of neural energy transfer between human subjects at a distance. *Consciousness Research Abstracts, Towards a Science of Consciousness Conference 2002, Tucson, Arizona*.

8. University Service

University of Washington

- Expert Faculty, Integrative Palliative Care, Palliative Care Graduate Certificate, Cambia Center of Excellence in Palliative Care, 2014-present
- Consultant, Complementary Therapies, Palliative Care Service, UWMC, 2006-2013.
- Organizing committee member: organized Complementary Therapies in Palliative Care section for the 2014 Harborview Palliative Care Conference, including experiential session for health care providers that delivered more than 250 mini-sessions (massage, reflexology, acupuncture, reiki, therapeutic touch, music and aromatherapy).
- Invited presentations:
 - o “How to implement touch therapies within hospital environments”
 - o “Complementary Therapies for Comfort Care” session, UW Harborview Palliative Care Conference.
 - o “Healing at the end of life: complementary and integrative care practices in palliative and hospice care,” UW School of Social Work.
- Grand-rounds presentations, Palliative Medicine and Gerontology Fellowship Program:
 - o “Integrative therapies in palliative care.”
 - o “Integrating complementary therapies within hospital-based palliative care.”

- “Complementary therapies within hospital-based palliative care in the US and abroad.”
 - “Tai Chi for Self-Care”
- Guest lectures, Palliative Medicine and Gerontology Fellowship Program
 - “Mind-Body Therapies/Tai Chi for Life Balance”
- Ground-grounds presentation, Harborview Medical Center Palliative Care Program:
 - “How are complementary therapies offered through hospital-based palliative care services in the US and abroad”
- Interviewer, UW-MPH students interested in complementary therapies and wellness research in public health.
- Academic advisor to UW-MPH student with career interest in palliative care and complementary modalities.

Professionally-Related Service Activities across Universities and VA Organizations

Puget Sound VAHCS, Seattle, WA. Member, Patient-Centered Care Board	2015-2017
Puget Sound VAHCS, Seattle, WA. Member, Customer Service Committee	2014-2015
Puget Sound VAHCS, Seattle, WA. Member, Whole Health/Integrative Health Group	2014-2020
Puget Sound VA/HSRD, Scientific Review Committee, Seattle, WA.	2011-2014
Chair, Integrative Medicine Workgroup, VISN 20 Patient Experience Committee	2012-2014
Puget Sound VA/HSRD, Seattle, WA. Member, VISN 20 Integrative Medicine Steering Committee.	2011- 2012
Puget Sound VA/HSRD, Seattle, WA. Complementary & Integrative Medicine Expert, VISN 20 CLC Group	2011-2015
Puget Sound VA/HSRD, Seattle, WA. CIM Expert /Guest Member, VISN 20 Pain Management Committee	2011-2015
Saybrook University, College of Mind-Body Medicine. Academic Leadership Committee & Degree Committee Member.	2010-2014
Seattle Children’s Hospital & Research Center, Seattle, WA. Complementary & Integrative Medicine Committee Member.	2004-2009
IRB Committee Core Member, Bastyr University, Kenmore, WA	2003-2009

VA Service Activities

- Currently leading LEAN QI project for Namaste Care Program for Veterans with advanced dementia, Community Living Center, VA Puget Sound HCS
- Currently part of a team implementing LEAN Whole Health project for Administrative Services, VA Puget Sound HCS

- Developed and presented staff education sessions at VA Puget Sound HCS about “Whole Health” Curriculum developed by OPCC& CT.
- Patient-centered care and integrative health/Whole Health expert, Customer Service Board, VA Puget Sound HCS.
- CIM expert at the VISN 20 ACA Pain Management Committee: Developed guidelines for implementation of Evidence Based CAM in chronic low back pain across VISN 20 facilities.
- Designed process (with VA Puget Sound DSS office) that would allow VISN 20 to research implementation and costs for Integrative Health (IH) modalities across VISN 20 facilities. Developed data identifiers (CHAR4 Codes) for IH modalities that were approved for nation-wide implementation at VA Central DSS Office in 2013.
- Designed & implemented CIM Needs Assessment with VISN 20 Community Living Centers, VISN 20 Hospice & Palliative Care and VISN 20 Women’s Health groups to assess readiness for CIM implementation.

International Service Activities

Director, Integrative Medicine Section, Paliativos Sin Fronteras (Palliative Care Without Borders is a palliative care NGO based in Spain that focuses on developing clinical, education and research programs to advance access to palliative care in Latin American and North-African countries http://www.paliativossinfronteras.com/	2015 - 2019
Chair, USA Chapter, Paliativos Sin Fronteras (Palliative Care Without Borders), [http://www.paliativossinfronteras.com/]	2010 - 2015
Co-Founder & Director of Research Collaborations, Integrative Oncology Program Asociacion Paliativa, http://www.asociacionpaliativa.org.ar/novedad-primer-programa-de-oncologia-integrativa-de-la-argentina-9.php [Paliativa is a NGO supporting the palliative care program at the Hospital de Clínicas, teaching hospital for the University of Buenos Aires School of Medicine, serving low-income populations in Buenos Aires, Argentina.]	2008 - 2010

Advisory Boards

Advisory Committee Member, ALS ASSOCIATION, Evergreen Chapter, Seattle.	2008 – 2009
Advisory Committee Member, Cortiva Institute School of Massage, Seattle, WA.	2007 – 2008

Membership in Professional Organizations

National Hospice and Palliative Care Organization (NHPCO)	2011 – present
American Association of Hospice and Palliative Medicine (AAHPM)	2011- 2018

Paliativos Sin Fronteras (Palliative Care Without Borders), Chair, USA Chapter	2010 – 2015
International Association of Palliative Care (IAPC)	2009 – 2014
Latin American Association of Palliative Care	2009 – 2015
Society for Integrative Oncology (SIO), USA	2008 – 2013
Parapsychology Association, USA	2004 – 2013
Association for Applied Psychophysiology & Biofeedback, USA	2006 – 2009
Association for Medical Humanities, UK	2004 – 2008

Reviewer for Peer-Reviewed Journals, Conference Submissions and Foundation Grants

- J. of Pain Management
- Supportive Care in Cancer
- Complementary Therapies in Medicine
- J. of Supportive Oncology
- Am. J. of Hospice and Palliative Medicine
- Am. Journal of Cardiology
- Health Services Research & Development, Veteran Health Administration
- Institute for Translational Health Sciences, Seattle, WA.
- The Clinical Journal of Pain
- Journal of Complementary and Integrative Medicine
- International Journal of Holistic Health & Medicine
- Seattle Children's Hospital and Research Center
- Sick Kids Foundation, Toronto, Canada
- Massage Therapy Foundation

7. Teaching History

Formal Classroom and Distant Learning Teaching

Graduate Courses

	<u>Credits</u>	<u>Year</u>	<u>Percent Responsibility</u>
Saybrook University, College of Mind-Body Medicine	3	2012	50%
Guided Imagery in Healing (Masters and PhD level)	3	2011	50%
	3	2010	50%
<i>Mind-Body Medicine Master's Thesis Chair & Reader duties</i>		2011-2020	100%
<i>PhD Dissertation Committee Member</i>		2014	
Effect of healing touch training on self-care awareness in VA nurses, Pegi Black PhD, RN			

The Influence Of Nursing Leadership Roles On Self-Care
Margaret Below PhD, RN 2017

Master's Thesis Chair

Pain, Stress, and Emotions: Integrative Approaches to Pain
Management, Breanne Cullen MS. 2014

Alleviating Compassion Fatigue: Practical Applications for
Nursing Professionals, Betsy Murphy BScN, MS. 2011

**Spirituality Health & Medicine Department &
Counseling & Health Psychology Department, Bastyr
University, WA.**

Psycho-Spiritual Issues in Healing	3	2007	100%
Guided Imagery & Visualization	3	2006	100%
Science & Spirituality	3	2003-2007	100%
Spirituality & Medicine in the 21 st century	2	2000	100%
Principles of Well-being	2	1999	100%

**Medical Humanities Program, Columbia University
College of Physicians & Surgeons, NY, NY, USA.**

Tai Chi for Patients and Practitioners	2	1996-1998	100%
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Undergraduate Courses

University of Washington Honors Program Healing the Wounds of War	5	2018	100%
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**National Professorship Institute (college), Ministry of
Education, Buenos Aires, Argentina.**

Biology & Neurophysiology	n/a	1989	100%
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**Dept. of Biological Sciences, University of Buenos Aires,
Buenos Aires, Argentina.**

Biology	3	1986 – 1988	50%
Chemistry	3	1986 – 1988	50%

Other Formal Teaching Experience**Highbridge Community Center, South Bronx, NY.**

n/a

1995

50%

[Lecturer on health, biology, and communication skills for a Nursing Assistant Training recruiting minority-women ages 18-55 returning to work after living on welfare.]

Biology and Health

Faculty of Psychology, University of Buenos Aires, Buenos Aires, Argentina.

n/a

1984 -1989

100%

Instructor, Tai Chi & Relaxation Techniques